

Growing Goodness Organically

Problem: The US is experiencing an environmental & health crisis.

- Conventional agriculture causes increased greenhouse gases, water pollution, soil erosion and nutrient depletion as well as threats to human and wildlife heath.
- Mainstream nutritional practices do not embrace that organic, whole foods can be used as medicine to address the root causes of many health issues and chronic diseases.
- The health, wellness and joy that results from outdoor time and physical activity are generally undervalued in our society.

Farm & Garden Program Logic Model

INPUTS	OUTPUTS		IMPACTS & OUTCOMES	
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Investment	Activities	Annual Outputs	Short Term Impacts	Long Term Outcomes
 Funding Staff resources (time & expertise) Partnerships Volunteer time Adult mentors Farmland & gardens Equipment & growing medium Wellness curriculum Volunteer recognition Environmental education 	 Prepping fields Curating seeds Growing seeds Planting, harvesting & tending crops Working in teams (mentors paired with youth) Teaching that real, whole food is medicine Training in organic farm/garden techniques Hands-on connecting with plants & nature Creating a welcoming, electronic-free space 	 1,300 lbs. organic produce grown at Ferry Lane Farm 65 volunteers Valuable pollinator habitat Sufficient seeds collected to perpetuate future crops Large amounts of compost kept out of landfills 	seed to table journey Competence in farm & garden skills Embracing the importance of organic Elevated sense of purpose & wellbeing Understanding the impact of nutritional and wellness practices Patience, perseverance,	 Educate and nourish from the ground up while solidifying the connection between people and plants. Elevate an understanding about how food impacts overall health. Provide tools and tactics for health and wellness. Provide social connections that promote a sense of wellbeing.
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Assumptions

- Funding is available.
- Volunteers are valued, treated well and essential to mission.
- Land, supplies, and equipment are available.
- Farm/garden production is not expected to fulfill all kitchen needs which requires additional food sources.

External Influences

- Program funding is competitive.
- · Volunteers have demanding schedules.
- Transportation can be challenging.
- Weather and growing is unpredictable.

For more information on the environmental health crisis please read: www.rodaleinstitute.org