

# SOUPER Saturday



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**A Healing Meals Wellness Event**

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**September 27, 2025**

**Join our fun event! Together, we'll raise awareness and vital funds for families in need.**

**Register for ONE activity, then come enjoy a delicious Garden Brunch at our beautiful location!**

**In Partnership With**



**The Simsbury River Run**

**Not a runner? Register for one of our other Super Saturday activities:**

- ♥ 10-mile Bike Ride
- ♥ 2.5-mile Heublein Tower Hike
- ♥ 1-hour Vinyasa Flow Yoga Class (All Levels)
- ♥ A delicious Garden Brunch

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**\$30 registration fee** covers your morning wellness activity, a Healing Meals t-shirt, and Garden Brunch.

**Your participation makes a difference—  
let's build a healthier, more caring community!**